counselling
informing
supporting
accompanying
We are here for you

We support

We ...

- counsel over telephone, in person, confidentially and by request anonymously
- provide information on the topic of ‘sexualized violence’
- support in urgent crises situations, as well as during rehabilitation after the violence experienced

- accompany you to the police and court, in case you want to report the incident
- provide professional counselling during rehabilitation and secondary traumatization

Frauennotruf Mainz e.V.
We listen

if you have been raped
if you have experienced sexual abuse during your childhood
if you feel sexually harassed in your everyday life, at your work or study place

Regardless of ...
how long ago the violence took place

We inform

if you are in contact with a victim and seek help, information and counselling
if you come in contact with a victim professionally

whether the violence has been reported
CONSULTATION HOURS
Monday 01:00 – 04:00 pm
Wednesday 05:00 – 07:00 pm
Thursday 09:00 – 12:00 am

DONATIONS ACCOUNT
Sparkasse Mainz
IBAN DE61 5505 0120 1012 1173 86
BIC MALADE51MNZ

Kaiserstraße 59–61 // 55116 Mainz
TEL 06131 – 22 12 13
E-MAIL info@frauennotruf-mainz.de
WEB www.frauennotruf-mainz.de